

An update from Active Fusion

Dear Parent/Carer,

We hope your child had a brilliant first term and enjoyed the October half-term break.

As you may be aware, we were busy during half-term, running holiday camps across five different locations in Doncaster. Our work does not stop there, we are back in your school looking to increase physical activity and wellbeing in our community. We want to update you on how we are working with your children.

A quick reminder - who are Active Fusion?

Active Fusion are a children's educational charity established to help young people to develop a love for being active. We support children to be the best they can be through improving their physical health and mental wellbeing. We also raise aspirations by creating pathways into education, training and employment.

Which team member is in your school?



Name: **Jessica Tudor (Miss Tudor)**

What year group I am currently working in: **Y6,5,3, Y1&2**

What they are learning this term: **During the run up to Christmas, the Y6 girls are taking part in a 6-week project; 'Girls Get Active'. This is a scheme developed by Sport England, to give girls transitioning from primary to secondary the chance to play sports of their choice and have some fun! Furthermore, they will learn how to take on different leadership roles**

with their classmates! Y5 are taking part in orienteering during P.E, which includes reading maps and working together in teams. Y3 are learning the different rules of tennis and how to play the game with others. Lastly, Y1&2 pupils, who have signed up to after school club, are developing their agility, balance and coordination through different fun multi-skill activities for 6 weeks.

My plans for after Christmas: My plans after Christmas include working across other year groups in P.E lessons and developing the 'Active Start' lessons amongst EYFS. These lessons aim to engage the younger years through sport and give them a chance to develop and learn new skills to carry through their school years. I want to also get another after school club up and running to give other students the chance to increase their physical activity whilst in school and have some fun whilst doing so!

Keeping active at home

Want to keep your children active at home? We have a variety of FREE learning resources readily available for you to use at home.

Choose from PE Parent and PE Parent 2, which have a range of different activities for your children to take part in. Also, we have fully edited virtual PE lessons on our YouTube channel which can be accessed below.

P.E Parent - <https://activefusion.org.uk/pe-parent-resource-pack/>

Virtual PE lessons -

<https://www.youtube.com/playlist?list=PLCQaFiyuzmpkkaWtX0HGJlptDgt2Gyc54>

PE Parent 2 -

https://www.youtube.com/playlist?list=PLCQaFiyuzmpl1H_vtqOckl7ZLx6eXHURk

If you would you like a physical resource, get in touch with your school and we can arrange for you to pick one up before or after school.

Follow us on social media

Keep an eye on our social media for news about holiday camps during the October half-term.

Facebook – Active Fusion

Twitter - @Active_Fusion

Instagram - @af_activefusion

Stay safe,

The Active Fusion Team



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