

Programme of Study – PSHE

Key Stage 1 and Key Stage 2

Appendix 2

Extra-curricular activities will take place over a range of evening and year groups. Each half term different groups can be assigned allowing children a chance to attend a range of activities.

Eco Warriors club will be a new after school activity where there will be a big focus on the environment. A range of activities will be planned for each session and it is intended that this will be a club that runs for the duration of the academic year. Year 2 and Year 6 will also have a responsibility for maintaining initiatives set in school.

Following a school audit, an action plan will be drawn up and activities will be those that are identified as those key on the minds of children at Ivanhoe.

Activities may include:

- Waste sorting (recycling) in classrooms, dining areas and outdoor provision
- Update the orchid area and maintain borders around school with insect loving plants
- Clothes swap sessions and clothes recycling banks on the school premises
- Litter picking
- Recycling plastic bottles into bird feeders/plant holders
- Introduce water butts and compost bins
- Look at the amount of energy used in school
- Encouraging more environmentally friendly ways to travel to school

Appendix 3

Each day of the week will start with a theme that will be delivered in a 15-30 minute session:

- Motivational Monday
- Tell Us Tuesday
- Well-Being Wednesday
- Throw Back Thursday
- Friendship Friday

All teachers will deliver a task/activity each day relating to the theme of the day. This will occur on the same day of week over every half term. Activities may include:

Motivational Monday - Jar of Positivity, using a motivational word in a sentence about a friend, sing a motivational song, or learn a quote.

Tell Us Tuesday – Tell us something about yourself, hidden talent, favourite book, anything that you want to share.

Well –Being Wednesday – Discuss feelings of the day, breathing exercises and short yoga sessions, mindfulness games.

Throw Back Thursday – Relive memories from school, their lifetime, bring in an old photograph to spark a conversation.

Friendship Friday – Discussion of all things positive/negative relating to friendship and discuss solutions. Talk about the characteristics of a good friend, how you've supported a friend over the week/in the past.

Every week of the half term will see an assembly dedicated to one of the themes. Children will discover more about the theme and what this means. At the start of every new PSHE unit, an assembly will be delivered to give children an insight into the unit ahead.