




PROGRESSION OF SKILLS AND VOCABULARY POLICY 2019



P.E ESSENTIAL SKILLS Y1-Y6: SWIMMING					
KEY STAGE 1		LOWER KEY STAGE 2		UPPER KEY STAGE 2	
End of Y1 expectations	End of Y2 expectations	End of Y3 expectations	End of Y4 expectations	End of Y5 expectations	End of Y6 expectations
				<i>DVLC</i>	
Health 					
				Know how to work safely in the pool and actively take part in warm ups	
Mental 					
				Know more complex personal survival techniques and how they relate to water safety and survival	
Physical 					
				Can swim at least 25 metres confidently and proficiently in a range of strokes	

KEY VOCABULARY: SWIMMING					
KEY STAGE 1		LOWER KEY STAGE 2		UPPER KEY STAGE 2	
End of Y1 expectations	End of Y2 expectations	End of Y3 expectations	End of Y4 expectations	End of Y5 expectations	End of Y6 expectations
				Subject Specific: Front crawl, back stroke, breast stroke, water safety, life saving	