

# PE LONG TERM PLAN



WEEK	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
FS1	Games	Ball Skills	Dance	Gymnastics	Athletics	Athletics
FS2	Games	Ball Skills	Dance	Gymnastics	Athletics	Athletics
1	Send & Return	Dance	Gymnastics	Attack, Defend, Shoot	Hit, Catch & Run	Athletics
2	Send & Return	Dance	Gymnastics	Attack, Defend, Shoot	Hit, Catch & Run	Athletics
3	Dance Net & Wall	Foundations Invasion	OAA Dodgeball	Gymnastics Invasion	Striking & Fielding Children's Choice	Athletics
4	Dance Net & Wall	Fitness 1 Invasion	OAA Dodgeball	Gymnastics Invasion	Striking & Fielding Children's Choice	Athletics
5	Swimming Net & Wall	Swimming Fitness 2	OAA Dodgeball	Invasion Children's Choice	Gymnastics Striking & Fielding	Dance Athletics
6	Net & Wall Children's Choice	Well-being Invasion	OAA Dodgeball	Invasion	Gymnastics Striking & Fielding	Dance Athletics